FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Welgus Howard G. (Last) (First) (Middle) C/O ARCUTIS BIOTHERAPEUTICS, INC. 2945 TOWNSGATE ROAD, SUITE 110						Issuer Name and Ticker or Trading Symbol Arcutis Biotherapeutics, Inc. [ARQT] Inc. [ARQT] 3. Date of Earliest Transaction (Month/Day/Year) 03/12/2020									tionship of Reporting Person(s) to Issuer all applicable) Director 10% Owner Officer (give title below) below) Chief Medical Officer				vner	
(Street) WESTLA VILLAG (City)	GE C.		91361 (Zip)		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)									ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - No	n-Deriv	ative	e Se	curit	ies Ac	quired	, Dis	posed o	of, or Be	neficia	lly C	Owned	I				
Dat				Date	2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4					Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount	(A) or (D)	Price		Transac (Instr. 3	tion(s)			(IIISU. 4)				
Common Stock				03/12	/12/2020				M ⁽¹⁾		6,110	A	\$0.58	302	2 159,992			D		
Common Stock													2		24,991			By Trust ⁽²⁾		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date, Transacti Code (Ins			on of		6. Date E Expiratio (Month/E	n Date	Amount of		f s g Security	Der	. Price of lerivative lecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Co	Code	v	(A)	(D)	Date Exercisa		expiration vate	Title	Amount or Number of Shares							
Stock Option (Right to	\$0.5802	03/12/2020			M ⁽¹⁾			6,110	(3)		06/13/2028	Common Stock	6,110	4	\$0.00	36,660)	D		

Explanation of Responses:

- 1. The transaction by the Reporting Person is an exercise of an in-the-money option for cash consideration and does not involve the sale of any shares.
- 2. The securities are held of record by The Welgus Living Trust, of which the Reporting Person is trustee. The Reporting Person disclaims beneficial ownership of such securities except to the extent of his pecuniary interest therein, and the inclusion of these securities in this report shall not be deemed an admission of beneficial ownership of such securities for purposes of Section 16 or for any other purposes
- 3. The option vests monthly over 35 months beginning July 11, 2019, subject to the Reporting Person's continuous provision of services to the Issuer on each vesting date. The option contains an early-exercise provision and is exercisable as to unvested shares, subject to the Issuer's right of repurchase.

/s/ John W. Smither, as Attorney-in-Fact for Howard

03/16/2020

G. Welgus

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.