FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average b	urden								
hours per response:	0.5								

1. Name and Address of Reporting Person* Welgus Howard G.	2. Issuer Name and Ticker or Trading Symbol Arcutis Biotherapeutics, Inc. [ARQT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Weigus Howard O.		X Director 10% Owner					
	·	Officer (give title Other (specify					
(Last) (First) (Middle)	Date of Earliest Transaction (Month/Day/Year)	below) below)					
C/O ARCUTIS BIOTHERAPEUTICS, INC.	10/01/2020						
2945 TOWNSGATE ROAD, SUITE 110							
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)		X Form filed by One Reporting Person					
WESTLAKE VILLAGE CA 91361		Form filed by More than One Reporting Person					
(City) (State) (Zip)							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		Transaction Code (Instr.		Transaction Disposed Of (4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) Securities Beneficially Owned Following Reported Securities Beneficially Owned Following Reported Owned Following (I) (Instr. 4)				
			Code	v	Amount	Amount (A) or (D) Price		Transaction(s) (Instr. 3 and 4)		(Instr. 4)			
Common Stock	10/01/2020		M ⁽¹⁾		1,810	A	\$1.68	179,210	D				
Common Stock	10/01/2020		S ⁽¹⁾		1,810	D	\$28.1813(2)	177,400	D				
Common Stock	10/01/2020		M ⁽¹⁾		390	A	\$1.68	177,790	D				
Common Stock	10/01/2020		S ⁽¹⁾		390	D	\$25.1813 ⁽²⁾	177,400	D				
Common Stock								24,991	I	By Trust ⁽³⁾			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(* 3) [**********************************															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		d 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (Right to Buy)	\$1.68	10/01/2020		M ⁽¹⁾			1,810	(4)	03/13/2029	Common Stock	1,810	\$0.00	34,581	D	
Stock Option (Right to Buy)	\$1.68	10/01/2020		M ⁽¹⁾			390	(4)	03/13/2029	Common Stock	390	\$0.00	14,448	D	

Explanation of Responses:

- 1. Transaction made pursuant to a 10b5-1 trading plan adopted by the Reporting Person.
- 2. The transaction was executed in multiple trades in prices ranging from \$27.68 to \$28.46, inclusive. The price reported in Column 4 above reflects the weighted average sale price. The reporting person hereby undertakes to provide to the Securities and Exchange Commission staff, the Issuer, or a security holder of the Issuer, upon request, full information regarding the number of shares sold at each respective price within the range set forth in this footnote.
- 3. The securities are held of record by The Welgus Living Trust, of which the Reporting Person is trustee. The Reporting Person disclaims beneficial ownership of such securities except to the extent of his pecuniary interest therein, and the inclusion of these securities in this report shall not be deemed an admission of beneficial ownership of such securities for purposes of Section 16 or for any other purposes
- 4. The option began vesting monthly over a four year period beginning upon the achievement of certain company milestones, subject to the Reporting Person's continuous provision of services to the Issuer on each vesting date. The option contains an early-exercise provision and is exercisable as to unvested shares, subject to the Issuer's right of repurchase.

/s/ John W. Smither, as

Attorney-in-Fact for Howard 10/05/2020

G. Welgus

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.