FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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NGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Welgus Howard G.					2. Issuer Name and Ticker or Trading Symbol Arcutis Biotherapeutics, Inc. [ARQT]										Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Office (Figs. title 1997) Other (Respire)					
	t) (First) (Middle) O ARCUTIS BIOTHERAPEUTICS, INC. 5 TOWNSGATE ROAD, SUITE 110					3. Date of Earliest Transaction (Month/Day/Year) 08/20/2020										Officer (give title Other (specify below) below)				
(Street) WESTLAKE VILLAGE CA 91361				4. lf	4. If Amendment, Date of Original Filed (Month/Day/Year)									Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Si	tate)	(Zip)																	
		Tab	le I - Nor	า-Deriv	ative	e Se	curiti	ies Ac	qui	red, C	Disp	osed c	of, or I	3en	eficial	ly Owne	d			
Date				Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year)		, ¡	3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				Benefi Owned	ies cially Following	Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
									[Code	v	Amount	(A) or)	Price		ed ction(s) 3 and 4)			(Instr. 4)
Common Stock 08/20/)/2020	2020				M ⁽¹⁾		5,000		A	\$1.6	3 17	176,178		D		
Common	Common Stock													2	24,991			By Trust ⁽²⁾		
		Т	able II -									sed of onverti				Owned				,
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\(^1\)	Date, Transaction Code (Ins			on of I		Expi	ate Exe iration I nth/Day	ate		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)		e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)
					Code	v	(A)	(D)	Date Exer	e rcisable	E) Dá	kpiration ate	Title	1	Amount or Number of Shares					
Stock Option (Right to	\$1.68	08/20/2020			M ⁽¹⁾			5,000		(3)	03	3/13/2029	Comm Stock		5,000	\$0.00	44,98	32	D	

Explanation of Responses:

- 1. Reflects cash exercise of stock option without the disposition of the underlying shares.
- 2. The securities are held of record by The Welgus Living Trust, of which the Reporting Person is trustee. The Reporting Person disclaims beneficial ownership of such securities except to the extent of his pecuniary interest therein, and the inclusion of these securities in this report shall not be deemed an admission of beneficial ownership of such securities for purposes of Section 16 or for any other purposes.
- 3. The option began vesting on March 13, 2019 and will vest monthly over a four year period, subject to the Reporting Person's continuous provision of services to the Issuer on each vesting date. The option contains an early-exercise provision and is exercisable as to unvested shares, subject to the Issuer's right of repurchase.

/s/ John W. Smither, as Attorney-in-Fact for Howard

08/21/2020

G. Welgus

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.